

usain bolt 9 58 pdf

Usain St Leo Bolt OJ CD (/ ɛː juː s eɪ n /; born 21 August 1986) is a Jamaican retired sprinter. He also is a world record holder in the 100 metres, 200 metres and 4 × 100 metres relay. His reign as Olympic Games champion in all of these events spans three Olympics. Owing to his achievements and dominance in sprint competition, he is widely considered to be the greatest sprinter of all time.

Usain Bolt - Wikipedia

Hoewel Bolt sindsdien bij internationale wedstrijden in Stockholm in een eerste rechtstreekse confrontatie met Asafa Powell op de 100 m door zijn landgenoot was verslagen in 9,88 tegen 9,89, werd hij door zijn wereldrecordrace in New York op de Spelen in Peking de favoriet voor de 100 m, een rol die hij realiseerde door een wereldrecord te lopen van 9,69 en zo de gouden medaille te pakken.

Usain Bolt - Wikipedia

Primeros años. Usain Bolt nació en Sherwood Content, [11] una pequeña localidad de la parroquia de Trelawny (Jamaica) donde creció junto a sus padres, Wellesley y Jennifer Bolt, y sus hermanos Sadeeki, [12] y Sherine. [13] [14] Sus progenitores administraban una tienda ubicada en la zona rural en la que Bolt pasaba el tiempo jugando fútbol y fútbol junto a su hermano. [15]

Usain Bolt - Wikipedia, la enciclopedia libre

Usain St. Leo Bolt (* 21. August 1986 in Sherwood Content) ist ein ehemaliger jamaikanischer Sprinter. Er ist achtfacher Olympiasieger, elffacher Weltmeister und Weltrekordhalter in der 4-mal-100-Meter-Staffel, im 100- und im 200-Meter-Lauf. Mit einer Weltrekordzeit von 9,58 Sekunden, aufgestellt am 16. August 2009 im Finale bei den Leichtathletik-Weltmeisterschaften in Berlin, ist er der bislang ...

Usain Bolt – Wikipedia

The reigning 100 m Olympic champion is often named "the fastest man in the world". The World Championships 100 metres has been contested since 1983. Justin Gatlin and Tori Bowie are the reigning world champions; Usain Bolt and Elaine Thompson are the men's and women's Olympic champions.. On an outdoor 400 metres running track, the 100 m is run on the home straight, with the start usually being ...

100 metres - Wikipedia

Usain St. Leo Bolt (ur. 21 sierpnia 1986 w Sherwood Content, Trelawny) – jamajski lekkoatleta, piątkarz, sprinter, ósmokrotny mistrz olimpijski z Pekinu, Londynu oraz Rio de Janeiro, jedenastokrotny mistrz, dwukrotny wicemistrz oraz brązowy medalista Mistrzostw Świata. Obecny rekordzista Świata w sprincie na dystansie 100 i 200 m. Mierzy 195 cm wzrostu, waży około 94 kg.

Usain Bolt – Wikipedia, wolna encyklopedia

16. elokuuta 2009, tasan vuosi Pekingin olympialaisten 100 metrin loppukilpailun jälkeen Bolt voitti Berliinin MM-kilpailuissa 100 metrin maailmanmestaruuden uudella maailmanennätysajalla 9,58 sekuntia. Toiseksi juossut Tyson Gay hävisi hänelle 13 sekunnin sadasosaa. Neljän päivän mylhemmin 200 metrin juoksun loppukilpailussa Bolt voitti maailmanmestaruuden maailmanennätysajalla 19,19 s.

Usain Bolt – Wikipedia

Bakgrunn. Bolt er født i den lille byen Sherwood Content, som ligger i sognet Trelawny Parish nord på Jamaica. Han spilte først cricket, men fordi han låp raskt, ble han av sin trener anbefalt å prøve friidrett. I motsetning til de fleste andre unge karibiske sprintere valgte Bolt å bli hjemme, ya framfor å studere og

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